

Programme Specification

Programme Title: BA (Hons) Sport Development and Coaching

Awarding Institution:	University of Bolton		
Teaching Institution:	University of Bolton		
Division and/or Faculty/Institute:	Faculty of Wellbeing and Social Sciences		
Professional accreditation	Professional body	Professional body URL	Status of graduates
	N/A		
Final award(s):	BA (Hons)		
Interim award(s)	None		
Exit or Fallback award(s)	Certificate of HE in Sport Development and Coaching Diploma of HE in Sport Development and Coaching		
Programme title(s)	Sport Development and Coaching		
UCAS Code	C606 BA/SDC		
JACS Code	C640		
University Course Code(s)	FT = SPO0001 PT = SPO5001		
QAA Benchmark Statement(s)	QAA Benchmark Statement for Hospitality, Leisure, Sport and Tourism		
Other internal and external reference points	<p>QAA Academic Infrastructure, including the Framework for Higher Education Qualifications and the Code of Practice</p> <p>UK Quality Code for Higher Education</p> <p>University of Bolton awards framework</p> <p>Chartered Institute of Management of Sport and Physical Activity Skills Development Partner membership (awaiting confirmation)</p>		

	SkillsActive National Occupational Standards for sport and active leisure
Language of study	English
Mode of study and normal period of study	Full time – 3 years Part time – 4.5 years
Admissions criteria	
<p>At least two A2-levels (or equivalent) in any subjects. Please see www.bolton.ac.uk for full admissions criteria.</p> <p>Five GCSEs at grade C or above (or equivalent) in any subjects.</p>	
Additional admissions matters	
<p>Mature students who apply without relevant entry qualifications will be considered on the basis of interview and relevant background.</p> <p>If English is not your first language you will also need IELTS 6.0 (or equivalent).</p> <p>Enhanced CRB clearance is required.</p>	
Fitness to practise declaration	
Not applicable	
Aims of the programme	
<p>The principal aims of the programme are:</p> <ol style="list-style-type: none"> 1. To achieve final honours degree level transferable knowledge and skills in the field of sport development and coaching; 2. To provide you with knowledge and skills required to lead on government agendas on widening participation for sport and physical activity, community safety, community cohesion, physical education and exercise for health programmes; 3. To equip you with the employability skills and knowledge necessary to pursue a career and continuous professional development (life-long learning) in sports development and coaching; 4. To develop focussed, multi-disciplinary knowledge and understanding of sports development and coaching in an intellectually stimulating programme of study that is informed by research and practice; 5. To improve your personal development and competence, adaptability, self-confidence and self-reflection through critical enquiry and independent study; 6. To provide you with the opportunity to explore and apply concepts, theory, methods and analytical frameworks used in sport development and coaching and apply them to real world case studies; 7. To understand the social, ethical, political and environmental context of sport development and coaching and the impact of professional practice in domestic and 	

international contexts;

8. To provide the opportunity to develop applied knowledge, understanding and employability skills in sports development and coaching through practical experience in dynamic community and policy contexts.

Distinctive features of the programme

The programme equips you to lead on government agendas on widening participation for sport and physical activity, community safety, community cohesion, physical education and exercise for health programmes.

The Sport Development and Coaching section of the Faculty is a Skills Development Partner with the Chartered Institute of Management in Sport and Physical Activity; promoting the national standards of excellence in the sport industry.

The programme will teach you how to promote social inclusion in the design and delivery of community sport programmes, events and sessions and give you the opportunity to apply sport development practices at community level through work placement, live case studies, coaching delivery with community groups and running sports projects for the benefit of physically active and inactive groups.

Work experience placements are facilitated by a broad network of partners and partner organisations operating around the North West including the public, private and not-for-profit sectors. Examples include the world-class sport and leisure venue the Bolton Arena; GreaterSport (the County Sport Partnership for Greater Manchester) and Bolton Wanderers' FC Community Trust.

Sport development and coaching master classes include external speakers focussing on employability, transferable skills and career management across the duration of the programme.

You will set-up and run sport coaching sessions in the new University sports facility, Bolton One and have the opportunity to acquire nationally recognised coaching awards.

You will experience much group-based learning and one-to-one tutoring to support your learning.

Programme learning outcomes

K. Knowledge and understanding

On completion of the programme you will be able to demonstrate systematic knowledge and understanding of:

1. Concepts, principles, models, theories and methods of sport development and coaching
2. The personal skills, competencies and characteristics required to be successful in the sports industry
3. The social, economic, political, environmental, cultural and policy contexts in which sport development and coaching operates

4. The different approaches to sport development and coaching required to engage and sustain physical activity among different groups of the population.

C. Cognitive, intellectual or thinking skills
 On completion of the programme you will be able to demonstrate the ability to:

1. Critically assess the methods and practice of sport development and coaching
2. Evaluate and apply theoretical concepts of sport development and coaching
3. Self-reflect, critically assess and take action to enhance personal development
4. Select and synthesise data/information and interpret research findings

P. Practical, professional or subject-specific skills
 On completion of the programme you will be able to demonstrate the ability to:

1. Manage your career in sport development and coaching for continuous professional development
2. Design, run and effectively manage coaching sessions for disparate groups of the population
3. Effectively manage sports projects in the community
4. Communicate effectively using different means (written, oral) across different audiences (e.g. peers, schoolchildren, young people, industry professionals)

T. Transferable, key or personal skills
 On completion of the programme you will be able to demonstrate the ability to:

1. Learn, research, interpret and evaluate information independently
2. Work within and be responsible for members of a team
3. Communicate effectively in in/formal environments using a variety of means
4. Manage time and workload
5. Effectively use information and communication technologies
6. Conduct from start to finish an independent research and sport development and coaching project

Programme structure

Module Code	Module title	Core/ Option/ Elective (C/O/E)	Credits	Length (1, 2 or 3 periods)
SDC4001	Career Development in Sport	C	20	1
SSC4002	Coaching Practice	C	20	1
SDC4003	The Profession of Sport Development	C	20	1
SSC4001	Coaching Process	C	20	1
SDC4005	Sport in Society	C	20	1
SDC4006	Management Skills in Sport	C	20	1
SSC5001	Effective Coaching	C	20	1
CMS5006	Project Management in the VCS	C	20	1

SDC5003	Sport in the Community	C	20	1
CMS5001	Approaches to Investigating Society	C	20	1
SDC5005	Work Experience	C	40	1
SDC6001	Policy and Strategic Planning in Sport	C	20	1
SDC6002	Management of Sport Operations: Bolton Arena Case Study	C	20	1
SDC6003	Contemporary Issues in Sport	C	20	1
SDC6004	Coaching Applications and Analysis	C	20	1
SDC6005	Dissertation	C	40	1

Learning and teaching strategies

A variety of teaching and learning methods are used throughout the programme to ensure you acquire and are able to demonstrate the requisite skills, knowledge and competencies to achieve learning outcomes and ultimately be successful in your chosen career. These methods are both tutor- and student-led. In other words, teaching and learning is achieved through the activities of tutors and students working together. Some of this is during formally delivered timetabled classes with a lecturer/tutor; others are self-directed for your personal development. In addition, guest speakers and 'master classes' are used throughout the programme to enhance employability and to make the link between theory and practice. Similarly, work experience forms a large part of the programme and will help you develop your skills in a practical environment. Personal development planning will run throughout the programme to encourage personal reflection and professional development.

The following methods are most commonly employed by tutors during your time in scheduled learning and teaching activities: lectures, seminars, workshops, coaching practicals and tutorials. Lecture material is placed on the University's Virtual Learning Environment (VLE) – Moodle -- for you to access. Tutorials will be group-based, face-to-face and/or on-line. The teaching and learning strategy for each individual module is detailed in the module guides that you will receive at the beginning of each semester.

Learning activities (KIS entry)

	Course Year		
	1	2	3
Scheduled learning and teaching activities	28	24	22
Guided independent study	72	67	78
Placement/study abroad	0	9	0

Assessment strategy

The assessment strategy for the programme is designed to ensure that you achieve the overall aims and learning outcomes of the programme, as well as the learning outcomes for individual modules. Assessment serves several functions. The obvious and primary function is to evaluate your achievement. However, assessment also serves to help you organise and develop your learning. Feedback from assessment serves an important educational function and can help you develop your skills and understanding of your own strengths and weaknesses.

The types of assessment you will be required to complete fall into two general categories, formative and summative.

1. Formative assessments are activities that do not contribute to your overall module grade. They are however an integral part of the learning strategy for a module and you are required to complete them. They will be assessed and you will receive feedback on your standard of work and level of achievement. Formative assessments serve to assess your learning as the module progresses. Many of the formative assessment tasks will either serve as preparation for your summative assessment tasks or provide an opportunity for a “practice run”. For example you may be required to submit an essay plan.
2. Summative assessments are those assessment activities for which the marks will contribute to the overall module grade. You will also receive feedback on these assessments so that you will know what you have done well and where you can improve. In this way, summative assessment provides valuable learning for modules which are to follow.

Many different forms of assessment are employed on the programme for both formative and summative purposes, the major forms being as follows: coursework (usually essays and reports); written examinations; practical assessments (particularly for coaching modules); skills portfolios/Personal Development Plans; case studies; oral presentations (individual and group); poster presentations; and a dissertation in the final year.

Assessment methods (KIS entry)

	Course Year		
	1	2	3
Written exams	33	12.5	22
Coursework	50	75	67
Practical exams	17	12.5	11

Assessment regulations

- Assessment Regulations for Undergraduate Modular Programmes

- Assessment is governed by the University's Policies and Procedures regarding assessment and examination
<http://www.bolton.ac.uk/Quality/QAECContents/APPR/Documents/pdf/B3-RegsonAssessandExamStudents.pdf>

Grade Bands and classifications

Undergraduate Honours Degrees

Grade Description	Mark %	Honours Degree Classification
Work of exceptional quality	70+	i
Work of very good quality	60-69	ii.i
Work of good quality	50-59	ii.ii
Work of satisfactory quality	40-49	iii
Borderline fail	35-39	
Fail	Below 35	

Honours classification

You will normally be awarded the honours classification resulting from the application of either Rule ACM20 or Rule ACM6.

Rule ACM20

A weighted average of the marks from modules worth a total of 200 credits at Levels HE5 and HE6 combined, including the marks from modules worth no more than 80 credits at least at Level HE5 (weighted 30 percent) and marks from modules worth at least 120 credits at Level HE6 (weighted 70 percent), which represent the best marks achieved by you at those Levels.

Where the average falls unequivocally into one of the following bands: 48.00 - 49.99, 58.00 - 59.99, 68.00 - 69.99; and you have achieved marks clearly in an honours classification category higher than their average for modules worth at least 110 credits, then you will be awarded an honours degree in the classification category one higher than that indicated by your average.

Rule ACM6 (an alternative if you do not have sufficient marks at Levels HE5 and 6 to apply ACM20)

A simple average of the equally weighted marks from modules worth 120 credits at Level HE6 which represent the best marks achieved by you at that Level.

Where the average falls unequivocally into one of the following bands: 48.00 – 49.99, 58.00 – 59.99, 68.00 – 69.99; and you have achieved marks clearly in an honours classification category higher than their average for modules worth at least 70 credits, then you will be awarded an honours degree in the classification category one higher than that indicated by their average.

Where you have marks available for fewer than 120 credits at Level HE6, honours classification shall normally be based **solely** on a simple average of the available marks for modules at Level HE6, subject to there being marks for a **minimum of 60 credits awarded by the University. Upgrading of the honours classification will not normally be available where there are marks available for fewer than 120 credits at Level HE6**, unless this is explicitly approved.

Role of external examiners

External examiners are appointed for all programmes of study. They oversee the assessment process and their duties include: approving assessment tasks, reviewing assessment marks, attending assessment boards and reporting to the University on the assessment process.

Support for student learning

- The programme is managed by a programme leader
- Induction programme introduces the student to the University and their programme
- Each student has a personal tutor, responsible for support and guidance
- Personal Development Planning (PDP) integrated into all programmes
- Feedback on formative and summative assessments
- A Student Centre providing a one-stop shop for information and advice
- University support services include housing, counselling, financial advice, careers and a disability
- A Chaplaincy
- Library and IT services
- Student Liaison Officers attached to each Faculty
- The Students' Union advice services
- Faculty and Programme Handbooks which provide information about the programme and University regulations
- The opportunity to develop skills for employment
- English language support for International students

Methods for evaluating and enhancing the quality of learning opportunities

- Programme committees with student representation
- Module evaluations by students
- Students surveys, e.g. National Student Survey (NSS)
- Annual quality monitoring and action planning through Programme Quality

Enhancement Plans (PQEPs), Data Analysis Report (DARs) Subject Annual Self Evaluation Report (SASERs), Faculty Quality Enhancement Plans (FQEPs), University Quality Enhancement Plan (UQEP)

- Peer review/observation of teaching
- Professional development programme for staff
- External examiner reports

Other sources of information

Student portal (<http://www.bolton.ac.uk/Students/Home.aspx>)

Students Union (<http://www.ubsu.org.uk>)

Faculty or similar Handbook (<http://www.bolton.ac.uk/Students/Home.aspx>)

Programme Handbook (add link)

Student Entitlement Statement

(<http://www.bolton.ac.uk/Students/AdviceAndSupport/StudentServices/AtoZofDownloads.aspx>)

Module database (http://data.bolton.ac.uk/academicaffairs/view_modulelist.asp)

Moodle (<http://elearning.bolton.ac.uk>)

External examiners reports

<http://www.bolton.ac.uk/Quality/QAECContents/ExternalExaminersReports/Home.aspx>

Career's Service <http://www.bolton.ac.uk/careers/home.aspx>

Document control

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Learning outcomes map

Module title	Mod Code	Status C/O/E	K1	K2	K3	K4	C1	C2	C3	C4	P1	P2	P3	P4	T1	T2	T3	T4	T5	T6
Level 4																				
Career Development in Sport	SDC4001	C	D	DTA			D		DTA	DTA	DTA		D	DTA	DTA	DTA	DTA	DTA	DTA	
Coaching Practice	SSC4002	C	DTA	DTA		DTA	DTA	DTA	D	DTA	D	DTA	D	DTA	DTA	DTA	DTA	D	DTA	DTA
The Profession of Sport Development	SDC4003	C	DTA	DTA	DTA		DT	DTA	D	D	D		D	DTA	DTA	DTA	DTA	D	DTA	DTA
Coaching Process	SSC4001	C	DTA	D		DTA	DTA	DTA	DTA	DTA	D	DTA	D	DTA	DTA	DTA	DTA	D	DTA	DTA
Sport in Society	SDC4005	C	DT		DTA		D	D	D	DTA	D			DTA	DTA	D	DTA	D	DTA	DA
Management Skills in Sport	SDC4006	C	DTA	DTA	DT	DTA	D	DTA	D	DTA			DT	DTA	DTA	DT	DTA	D	DTA	DTA
Level 5																				
Effective Coaching	SSC5001	C	DTA	DTA		DT	DTA	DTA	D	DTA	D	DTA	D	DTA	DTA	DT	DTA	DTA	DA	DA
Project Management in the VCS	CMS5006	C		DTA	D	D	D	DTA	DTA	DTA			DTA	DTA	DTA	DT	DTA	DTA	DA	DTA
Sport in the Community	SDC5003	C	DTA	D	DTA	DTA	DT	DTA		DTA			DT	DTA	DA	D	DTA	D	DA	DTA
Approaches to Investigating Society	CMS5001	C	DTA			DA	DTA	DTA	D	DTA				DTA	DTA	D	DTA	DTA	DTA	DTA
Work Experience	SDC5005	C	D	DA	D	D	DA		DA	DA	DA	DA	DA	DA	DA	DA	DA	DA	DA	DA
Level 6																				
Policy and	SDC6001	C	DTA	D	DTA	D	DTA	DTA	D	DTA			D	DTA	DTA	D	DTA	DTA	DA	DA

Programme specification: BA (Hons) Sport Development and Coaching

Date: 12 April 2012

Strategic Planning in Sport																				
Management of Sport Operations: Bolton Arena Case Study	SDC6002	C	DTA	DT	DTA	D	DTA	DTA	D	DTA	D	DT	DT	DTA	DTA	DT	DTA	D	DA	DA
Contemporary Issues in Sport	SDC6003	C	DTA	DTA	DTA	DTA	DTA	DTA	D	DTA	D	D	DTA	DTA	DTA	D	DTA	D	DA	DA
Coaching Applications and Analysis	SDC6004	C	DTA	DTA		DTA	DTA	DTA	DA	DA	D	DTA	D	DTA	DA	DTA	DTA	DTA	DA	DA
Dissertation	SDC6005	C	DTA	DTA	DTA	DTA	DTA	DTA	D	DTA	D			DTA	DA		DA	DA	DA	DTA

K. Knowledge and understanding P. Practical, professional and subject specific skills C. Cognitive, Intellectual and thinking skills T. Transferable, key or personal skills

Complete the grid using the following (Developed = D, Taught = T, Assessed = A)

Module listing

Module title	Mod Code	New? ✓	Level	Credits	Type	Core/Option /Elective C/O/E	Pre-requisite module	Assessment 1	Assessment 2
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								Assessment type	Assessment %	Add Y if final item	Assessment type	Assessment %	Add Y if final item
Career Development in Sport	SDC4001	✓	4	20	Stan	C		Course work	40		Course work	60	Y
Coaching Practice	SSC4002	✓	4	20	Stan	C		Practical	50		Practical	50	Y
The Profession of Sport Development	SDC4003	✓	4	20	Stan	C		Course work	60		Practical	40	Y
Coaching Process	SSC4001	✓	4	20	Stan	C		Course work	50		Practical	50	Y
Sport in Society	SDC4005	✓	4	20	Stan	C		Course work	60		Written exam	40	Y
Management Skills in Sport	SDC4006	✓	4	20	Stan	C		Course work	50		Written exam	50	Y
Effective Coaching	SSC5001	✓	5	20	Stan	C		Practical	100	Y			
Project Management in the VCS	CMS5006	✓	5	20	Stan	C		Course work	70		Course work	30	Y
Sport in the Community	SDC5003	✓	5	20	Stan	C		Course work	50		Written exam	50	Y
Approaches to Investigating Society	CMS5001	✓	5	20	Stan	C		Course work	100	Y			
Work Experience	SDC5005	✓	5	40	Placem ent	C		Course work	60		Course work	40	Y
Policy and Strategic Planning in Sport	SDC6001	✓	6	20	Stan	C		Course work	50		Written exam	50	Y
Management of Sport Operations: Bolton Arena Case Study	SDC6002	✓	6	20	Stan	C		Course work	50		Written exam	50	Y

Contemporary Issues in Sport	SDC6003	✓	6	20	Stan	C		Course work	60		Practical	40	Y
Coaching Applications and Analysis	SDC6004	✓	6	20	Stan	C		Course work	50		Practical	50	Y
Dissertation	SDC6005	✓	6	40	Dissertation	C	CMS5001	Course work	20		Course work	80	Y

Bolton Key Core Curriculum requirements

Module Title	Module Code	C/O/E	Employability											Bolton Values		
			PDP	Communication	Team work	Organisation & Planning	Numeracy	Problem solving	Flexibility & adaptability	Action planning	Self awareness	Initiative	Personal impact & confidence	Inter-nationalisation	Environmental sustainability	Social, public and ethical responsibility
Career Development in Sport	SDC4001	C	DTA	DTA	DTA	DTA		D	DTA	DTA	DTA	D	DTA	D	D	D
Coaching Practice	SSC4002	C		DTA	DTA	DTA		DTA	DTA	DTA	DTA	DTA		D		DTA
The Profession of Sport Development	SDC4003	C	DT	DA		D			D	D	DTA	D	D	DTA	D	DT
Coaching Process	SSC4001	C		DTA	DTA	DTA		DTA	DTA	DTA	DTA	DTA				DTA
Sport in Society	SDC4005	C		DTA		D		DTA			D	DA	D	DT	DT	DT
Management	SDC4006	C	D	D	D	DTA	DTA	DTA	D	D		D	D	D	DT	DTA

Programme specification: BA (Hons) Sport Development and Coaching

Date: 12 April 2012

Skills in Sport																
Effective Coaching	SSC5001	C		DTA	DTA	DTA	DA	DTA	DTA	DTA	DTA	DTA		DTA		DTA
Project Management in the VCS	CMS5006	C	DTA	DTA	DTA	DTA	DTA	DTA	DTA		DTA	DT	DT	DT		DT
Sport in the Community	SDC5003	C		DTA		D		DTA	D	D	D	DTA	D	DT	DT	DTA
Approaches to Investigating Society	CMS5001	C	D	DT	D	DTA	D	DTA	DT	DTA	D	DTA	D	D		D
Work Experience	SDC5005	C	DA	DA	DA	DA		DA	DA	DA	DA	DA	DA	DA	DA	DA
Policy and Strategic Planning in Sport	SDC6001	C		DA	DA	DA	D	DTA		DTA	D	D		D	D	D
Management of Sport Operations: Bolton Arena Case Study	SDC6002	C	D	DA	DTA	DA	D	DTA	DTA	DTA		D	D	DTA	DTA	DTA
Contemporary Issues in Sport	SDC6003	C		DA	D	DA		DA			D	D	D	DA	DTA	DTA
Coaching Applications and Analysis	SDC6004	C		DTA	DTA	DTA	DTA		DTA	DTA	DA	DA		DTA		DTA
Dissertation	SDC6005	C	D	DA		DA	D	DTA	DA	DTA	DA	DA	DA			DA

Complete the grid using the following (Developed = D, Taught = T, Assessed = A)