Programme Specification

BSc (Hons) Counselling and Psychology

Awarding Institution:	University of Bolton		
Teaching Institution:	University of Bolton		
Division and/or Faculty/Institute:	Faculty of Wellbeing and Social Sciences		
Professional accreditation	Professional body	Professional body URL	Status of graduates
	British Psychological Society	www.bps.org.uk	Graduate Basis for Chartered Membership (GBC)
Final award(s):	BSc (Hons)		
Interim award(s)	None		
Exit or Fallback award(s)	Cert HE in Psychological Studies Dip HE in Psychological Studies		
Programme title(s)	Counselling and Psychology		
UCAS Code	CB89		
JACS Code	C800		
University Course Code(s)	PSY0002 PSY5002		
QAA Benchmark Statement(s)	Psychology		
Other internal and external reference points	The curriculum is consistent with the British Psychological Society Programme Standards and the University of Bolton awards framework.		
Language of study	English		
Mode of study and normal period of study	3-years Full-time and 4.5-years Part-time		

Admissions criteria

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300 UCAS tariff points from at least two, but preferably three A2 levels (or equivalent) in any subjects plus 5 subjects at GCSE including Mathematics and English (Grade C or above); Equivalent EU, Scottish or Irish qualifications; appropriate number and level of Edexcel / BTEC qualifications;

Kite marked Access Certificate (40 credits at merit or above).

Overseas students minimum IELT 6.0 required.

Other cases dealt with by Admissions Tutor on an individual basis.

Additional admissions matters

None

Fitness to practise declaration

Not applicable

Aims of the programme

The principal aims of the programme are:

i. To develop an appreciation of the diversity of perspectives in modern counselling and psychology;
ii. A acquire a critical understanding of counselling and psychological theories, methods and debates;
iii. To encourage the acquisition of research methods skills and a capacity to apply such skills to specific research problems in counselling and psychology, in the context of an appropriate awareness of relevant ethical issues;
iv. An develop an understanding of a range of applications of counselling psychology;
v. To acquire key transferable skills in the areas of numeracy, communication, information technology and group work;
vi. The acquisition of subject specific vocational skills (e.g. counselling)
vii. To encourage the ability to engage in independent learning.

Distinctive features of the programme

Opportunities for: the Graduate Basis for Chartered Membership (GBC) of the British Psychological Society; self-negotiated career development and work-based learning. The learning environment is characterised by: supportive and approachable staff with a diverse range of research interests; use of innovative methods of teaching and assessment; dedicated laboratory facilities; opportunities to study abroad.

Programme learning outcomes

To gain the qualification the learner will have demonstrated: i) subject knowledge and understanding ii) cognitive skills iii) discipline-related practical and professional skills and iv) other general skills and capabilities (e.g. key/transferable/common) as specified in the learning objectives/outcomes for approved modules in the programme. Further details of module outcomes can be found in the programme document.

K. Knowledge and understanding
On completion of the programme successful students will be able to demonstrate systematic knowledge and understanding of

1. the scientific orientation central to the discipline and alternatives to it;
2. key theories, conceptual frameworks, and debates central to the discipline;
3. the range of empirical methods used to study human behaviour and awareness of any limitations associated with their use;
4. a range of applications of psychological theory in contemporary society;
5. the boundaries of psychology and the discipline's relationship with other cognate disciplines;
6. a defined body of psychological knowledge informed by current research, and appreciation of the limits of that knowledge.

C. Cognitive, intellectual or thinking skills
On completion of the programme successful students will be able to demonstrate the capacity:

1. for critical analysis and ability to develop an argument;
2. to employ evidence based reasoning to make informed judgements;
3. for creative thinking;
4. to understand data sets and identify relationships;
5. to generate and explore research questions in a systematic way;
6. for independent learning and problem solving;
7. to apply and integrate findings across multiple perspectives.

P. Practical, professional or subject-specific skills
On completion of the programme successful students will be able to demonstrate:

1. competence to carry out empirical studies involving a variety of methods of data collection;
2. competence in analysing data using quantitative and qualitative research methods and interpreting the results of the analysis;
3. competence to carry out a systematic search, review and evaluation of psychological research findings (including electronic sources of information);
4. ability to apply critical analysis and evidence based reasoning to current research to identify a focus for further development;
5. competence to design and execute an original, independent piece of research having due regard for ethical issues;
6. competence to report research in an appropriate format;
7. psychological awareness and understanding applicable to a range of situations and careers that can be used to enhance human experience.

T. Transferable, key or personal skills
On completion of the programme successful students will be able to demonstrate:

1. the ability to communicate effectively orally and in writing;
2. the ability to problem solve and reason systematically;
3. numerical and quantitative skills appropriate to carrying out independent research;
4. the ability for competent use of information technology;
5. the ability for self-management including time-management and willingness to take responsibility for thoughts and actions;
6. the ability for independent learning and critical self-reflection as a basis for personal development and life-long learning;
7. the ability to engage in supportive peer collaboration and constructive criticism;
8. the ability to evaluate strengths and weaknesses and intervene appropriately;
9. the ability to reflect upon academic and personal development;
10. the ability to evaluate progress and performance in relation to long term academic and career progression.

Programme structure

The modular degree is organised on 2 trimesters per year basis.

Single Honours (360 credits in Psychology) requires Part 1 (120 credits) - 6 HE4 20 credit modules and Part 2 (240 credits) - 6 HE5 and 6 HE6 20 credit modules.

The core modules that are required for Graduate Basis for Chartered Membership (GBC) of the BPS include both of the HE5 Research Methods modules, Personality & Developmental Psychology, Cognitive Psychology, Biopsychology, Social and Critical Psychology, and the Honours Project. Students are required to achieve a degree classification of a 2:2 or better for GBC.

Module Code	Module title	Core/ Option / Elective (C/O/E)	20	Length (1, 2 or 3 periods)
PSC4001	Introduction to Research Methods in Psychology	C	20	1
PSC4002	Understanding the Person	C	20	1
PSC4003	Cognitive & Biopsychological Perspectives	C	20	1
PSC4004	Exploring Psychology I	C	20	1
COP4001	Introduction to Counselling Concepts	C	20	1
PSC4006	Career Management	C	20	1
PSC5001	Research Methods in Psychology	C	20	1
PSC5002	Further Methods in psychology	C	20	1
PSC5003	Personality & Developmental Psychology	C	20	1
PSC5004	Cognitive Psychology	C	20	1
PSC5005	Biopsychology	C	20	1
PSC5006	Social & Critical Psychology	C	20	1
PSC6001	The Honours Project	C	40	2
PSC6002	Psychology Practicum;	C	20	2
COP6001	Counselling Skills	C	20	1
PSC6011	The Therapeutic Process	C	20	1
PSC6006	Abnormal Psychology	O	20	1
PSC6008	Psychology of Loss and Trauma	O	20	1
PSC6007	Children's Learning and Development	O	20	1
PSC6010	Assessing Personality	O	20	1

Learning and teaching strategies

The overall teaching and learning strategy for Psychology is 'student centred'. A variety of teaching and learning methods are employed in order to ensure the acquisition and development of appropriate concepts, knowledge and skills and to achieve the stated learning outcomes. Active learning is promoted via: practical classes; laboratory workshops; seminars; tutorials; self-directed study; lectures; video viewing and analysis; IT sessions; guided study and fieldwork.

In addition, each module will have a one-hour session per week where a member of staff will be available to answer any questions and give guidance relating to that specific module.

Learning activities (KIS entry)

			Course Year				
	1	2	3	4	5	6	7
Scheduled learning and teaching activities	31	26	18				
Guided independent study	69	74	77				
Placement/study abroad	0	0	5				

Assessment strategy

The primary function of the proposed assessment strategy is to help students organise and develop their learning and to evaluate their achievement of the stated learning outcomes. As a result, assessment tasks are linked to the learning outcomes of each module and are completed at selected points within the module (chosen to facilitate student learning via feedback on the tasks).

Many different forms of module assessment are employed in Psychology i.e.; time-limited examinations (seen or unseen), essays, practical reports, statistical assignments, seminar presentations, portfolios, poster presentations, in-class assessments of various types and project.

The approach to formative assessment is as an aid to learning and is designed to provide the student with feedback concerning their progress. It also allows the students to develop their skills and understanding of their strengths and weaknesses concerning the module content. Formative assessment however, does not contribute to the overall formal assessment for the unit.

Assessment methods (KIS entry)

| | Course Year | | | | | | |
	1	2	3	4	5	6	7
Written exams	10	40	10				
Coursework	90	60	70				
Practical exams	0	0	20				

*Figures for year 3 may differ depending on option modules chosen

Assessment regulations

- Assessment Regulations for Undergraduate Modular Programmes

Grade bands and classifications

1. Undergraduate Honours Degrees

Grade Description	Mark %	Honours Degree Classification
Work of exceptional quality	70+	i
Work of very good quality	60-69	ii.i
Work of good quality	50-59	ii.ii
Work of satisfactory quality	40-49	iii
Borderline fail	35-39	
Fail	Below 35	

Honours classification

You will normally be awarded the honours classification resulting from the application of either Rule ACM20 or Rule ACM6.

Rule ACM20

A weighted average of the marks from modules worth a total of 200 credits at Levels HE5 and HE6 combined, including the marks from modules worth no more than 80 credits at least at Level HE5 (weighted 30 percent) and marks from modules worth at least 120 credits at Level HE6 (weighted 70 percent), which represent the best marks achieved by you at those Levels.

Where the average falls unequivocally into one of the following bands: 48.00 - 49.99, 58.00 - 59.99, 68.00 - 69.99; and you have achieved marks clearly in an honours classification category higher than their average for modules worth at least 110 credits, then you will be awarded an honours degree in the classification category one higher than that indicated by your average.

<u>Rule ACM6</u> (an alternative if you do not have sufficient marks at Levels HE5 and 6 to apply ACM20)

A simple average of the equally weighted marks from modules worth 120 credits at Level HE6 which represent the best marks achieved by you at that Level.

Where the average falls unequivocally into one of the following bands: 48.00 – 49.99, 58.00 – 59.99, 68.00 – 69.99; and you have achieved marks clearly in an honours classification category higher than their average for modules worth at least 70 credits, then you will be awarded an honours degree in the classification category one higher than that indicated by their average.

Where you have marks available for fewer than 120 credits at Level HE6, honours classification shall normally be based **solely** on a simple average of the available marks for modules at Level HE6, subject to there being marks for a **minimum of 60 credits awarded by the University**. **Upgrading of the honours classification will not normally be available where there are marks available for fewer than 120 credits at Level HE6**, unless this is explicitly approved.

Role of external examiners

External examiners are appointed for all programmes of study. They oversee the assessment process and their duties include: approving assessment tasks, reviewing assessment marks, attending assessment boards and reporting to the University on the assessment process.

Support for student learning

- The programme is managed by a programme leader
- Induction programme introduces the student to the University and their programme
- Each student has a personal tutor, responsible for support and guidance
- Personal Development Planning (PDP) integrated into all programmes
- Feedback on formative and summative assessments
- A Student Centre providing a one-stop shop for information and advice
- University support services include housing, counselling, financial advice, careers and a disability
- A Chaplaincy
- Library and IT services
- Student Liaison Officers attached to each Faculty
- The Students' Union advice services
- Faculty and Programme Handbooks which provide information about the programme and University regulations
- The opportunity to develop skills for employment
- English language support for International students
- Specialist teaching facilities/resources
- Support for placement learning including mentors

Methods for evaluating and enhancing the quality of learning opportunities

- Programme committees with student representation
- Module evaluations by students
- Students surveys, e.g. National Student Survey (NSS),
- Annual quality monitoring and action planning through Programme Quality Enhancement Plans (PQEPs), Data Analysis Report (DARs) Subject Annual Self Evaluation Report (SASERs), Faculty Quality Enhancement Plans (FQEPs), University Quality Enhancement Plan (UQEP)
- Peer review/observation of teaching
- Professional development programme for staff
- External examiner reports
- Professional body visits and reports

Other sources of information

Student portal (http://www.bolton.ac.uk/Students/Home.aspx)
Students Union (http://www.ubsu.org.uk/)
Faculty or similar Handbook
 (http://www.bolton.ac.uk/Students/FacultyofWell-BeingSocialSciencesHandbook.pdf)
Programme Handbook (add link)
Student Entitlement Statement
(http://www.bolton.ac.uk/Students/AdviceAndSupport/HomeOLD.aspx)
Module database (add link)
Moodle (for the programme?) (http://elearning.bolton.ac.uk/)
External examiners reports
(http://www.bolton.ac.uk/Quality/QAEContents/ExternalExaminersReports/Home.aspx)

Document control

Author(s)	Dr. Pamilla Ramsden
Approved by:	validation panel
Date approved:	The date of sign off by the Chair of the Panel
Effective from:	2012/2013
Document History:	The nature of any modifications should be noted and dated

Programme specification: [Counselling and Psychology]
Date: [February 2012]

Learning outcomes map

Module title	Mod Code	Status	K1	K2	K3	K4	K5	K6	C1	C2	C3	C4	C5	C6	C7	P1	P2	P3	P4	P5	P6	P7	T1	T2	T3	T4	T5	T6	T7	T8	T9	T10
HE4																																
Introduction to Research Methods in Psychology	PSC 4001	C	DTA	D	DTA				D	DTA		DTA	DTA	DT		DTA	DTA	DT	DT	D	DTA		DTA	DT	DTA	DT	D		D			
Understanding the Person	PSC 4002	C	T	TA	TA	T	T		DA	D													A			D	D	D	D			
Cognitive and biopsychological Perspectives	PSC 4003	C	T	TA	TA	D			D	D						T							D	D		D	D	D				
Exploring Psychology I	PSC 4004	C		TA	D	T			DA	D					D							D	DA					D	D	D	D	D	D
Exploring Psychology II	PSC 4005	C		TA	D	T			DA	D					D							D	DA					D	D				
Career Management	PSC 4006	C							D	D													DA				D	D	DT	D	D	D	DT
HE5																																
Research Methods in Psychology	PSC 5001	C	DTA	D	DTA				D	DTA	D	DTA	DTA	DT	DT	DTA	DTA	D	D		DTA		DA	DT	DTA	DT	D		D	D	D	D
Further Methods in Psychology	PSC 5002	C	TA	D	DTA	D		DA	D	DTA	D	DTA	DTA	DT	DT	DTA	DTA	D	D		DTA		DA	DT	DTA	DT	D		D	D	D	D
Personality & Developmental Psychology	PSC 5003	C	DT	DTA	DT	DT	D	D	D	DA	D		D					DA	D		D		DA	D				D	D			
Cognitive Psychology	PSC 5004	C	D	DTA	DTA	DTA		DTA	DA	DA	DTA	D		DTA	D			DA	D				DA	DTA			D	D	D	D	D	
Biopsychology	PSC 5005	C	DT	DT	DTA	DTA	D	DTA				D			DT	T		T		T			D		T			D			D	D
Social & Critical	PSC	C	D	D	D	T	T	T	D	D					D								D	D							D	

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Module	Code	Type	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Psychology	5006		T/A	T/A	T/A	A	A															A										
HE6																																
The Honours Project	PSC 6001	C	D	D/A	D/A	D	D	D/A	D/A	D/A	D/A	D/A	D/A	D	D	D/T/A	D/A	D/A	D/A	D/A	D/A	D	D/A	D	D/A	D/A	D/A	D/A	D	D	D/A	D
Psychology Practicum;	PSC 6002	C	D/T	D		T		D/T		D/T		D/T			T											T	T		D/T/A	D/T/A	D/T/A	D/T/A
Conceptual and Historical Issues in Psychology	PSC 6004	O	D/T/A	D/T/A	D		D/T		D/T/A	D/T/A				D			D/A				D			D/A	D		D	D	D			
Psychology of Cyberspace	PSC 6005	O	D	D		T/D/A	D	D	D	D/A				D				D					D/A	D		T/D		D	D			
Abnormal Psychology	PSC 6006	O	T	D/T/A	T	D/T/A	D/T	D/T	D/A	D/A	D/A			D/T				D					D/A	D		D/A	D				D	
Children's Learning and Development	PSC 6007	O	D	D/A	A	D	T	A	D		D	A	A	A	T	A	D			T	A	A	D/A			T	D					
The Psychology of Loss and Trauma	PSC 6008	O	D	D	D			D/T/A			D	D	D		D/T/A					D	D/T/A	D/T/A	D/T/A		D	D		D/T/A	D		D/T/A	D
Psychometric Testing (Ability)	PSC 6009	O	D	T/A	D/T	T		D	D/A	D	T	T		D	D	D	T	D				D	A	D	D	D	D	D	D			
Assessing Personality	PSC 6010	O	D	T/A	T	T		D	D/A	D	T	T		D	D	D	T	A	A			D	A	D	D	D	D	D	D			
The Therapeutic Process	PSC 6011	O	T	D/T/A	D	D/T/A		D			D	D/A		D	T/A	T/A	T			D	D	D/A	D/T/A			D/T/A	T/A	D	D/T/A	T/A		

K. Knowledge and understanding   **P.** Practical, professional and subject specific skills **C.** Cognitive, Intellectual and thinking skills   **T.** Transferable, key or personal skills

Complete the grid using the following (Developed = D, Taught = T, Assessed = A)

Module listing

Programme specification: [Counselling and Psychology]
Date: [February 2012]

Module title	Module Code	New? ✓	Level	Credits	Type	Core/Option /Elective C/O/E	Pre-requisite module	Assessment 1			Assessment 2			Assessment 3		
								Assessment type	Assessment %	Add Y if final item	Assessment type	Assessment %	Add Y if final item	Assessment type	Assessment %	Add Y if final item
HE4																
Introduction to Research Methods in Psychology	PSC4001	NO	HE4	20	PRAC	C	None	CW	50		CW	50	Y			
Understanding the Person	PSC4002	NO	HE4	20	STAN	C	None	EX	100	Y						
Cognitive and Biopsychological Perspectives	PSC4003	NO	HE4	20	STAN	C	None	EX	50		EX	50	Y			
Exploring Psychology I	PSC4004	NO	HE4	20	STAN	C	None	CW	50		CW	50	Y			
Exploring Psychology II	PSC4005	NO	HE4	20	STAN	C	None	CW	50		CW	50	Y			
Career Management	PSC4006	NO	HE4	20	STAN	C	None	CW	100	Y						
HE5																
Research Methods	PSC5001	NO	HE5	20	PRAC	C	None	CW	50		CW	50	Y			

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in Psychology															
Further Methods in Psychology	PSC5002	NO	HE5	20	PRAC	C	None	CW	50		CW	50	Y		
Personality & Developmental Psychology	PSC5003	NO	HE5	20	STAN	C	None	CW	50		EX	50	Y		
Cognitive Psychology	PSC5004	NO	HE5	20	STAN	C	None	CW	50		EX	50	Y		
Biopsychology	PSC5005	NO	HE5	20	STAN	C	None	EX	50		EX	50	Y		
Social and Critical Psychology	PSC5006	NO	HE5	20	STAN	C	None	CW	50		EX	50	Y		
HE6															
The Honours Project	PSC6001	NO	HE6	40	PROJ	C	PSC5002	CW	10		CW	90	Y		
Psychology Practicum	PSC6002	NO	HE6	20	PLAC	C	None	CW	50		PRAC	50	Y		
Conceptual and Historical Issues in Psychology	PSC6004	NO	HE6	20	STAN	O	None	CW	50		CW	50	Y		
Psychology of Cyberspace	PSC6005	NO	HE6	20	STAN	O	None	CW	50		EX	50	Y		
Abnormal Psychology	PSC6006	NO	HE6	20	STAN	O	None	EX	50		EX	50	Y		
Children's Learning and Development	PSC6007	NO	HE6	20	STAN	O	None	CW	50		EX	50	Y		

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Psychology of Loss and Trauma	PSC6008	NO	HE6	20	STAN	O	None	CW	50		CW	50	Y			
Psychometric Testing (Ability)	PSC6009	NO	HE6	20	STAN	O	None	CW	50		EX	50	Y			
Assessing Personality	PSC6010	NO	HE6	20	STAN	O	None	CW	50		PRAC	50	Y			
The Therapeutic Process	PSC6011	NO	HE6	20	STAN	O	None	CW	70		PRAC	30	Y			

Type = DISS (Dissertation); FLDW (Fieldwork), INDS (Independent study); OTHR (Other); PLAC (Placement); PRAC (Practical); PROJ (Project);

STAN (Standard); WBL (work-based learning)

Assessment = EX (Written Exam); CW (Coursework); PRA (Practical)

Bolton Key Core Curriculum requirements

Module Title	Module Code	C/O/E	Employability											Bolton Values		
			PDP	Communication	Team work	Organisation & Planning	Numeracy	Problem solving	Flexibility & adaptability	Action planning	Self awareness	Initiative	Personal impact & confidence	Inter-nationalisation	Environmental sustainability	Social, public and ethical responsibility
HE4																
Introduction to Research Methods in Psychology	PSC4001	C		D, T, A	D		D,T, A	D, T	D	T	D	D	D			D, T, A
Understanding the Person	PSC4002	C		D, A		D			D		D	D	D	T	T	T
Cognitive and Biopsychological Perspectives	PSC4003	C		A		D	D	D, T, A	D	D	D	A	D	D		
Exploring Psychology I	PSC4004	C	D	D, T, A	D,T	D,T		D	D	D	D	D	D	T		T
Exploring Psychology II	PSC4005	C		D,T,A	D,T	D,T		D	D	D	D	D	D	T		T
Career Management	PSC4006	C	D	D,T, A	T	D,T, A	T	D,T, A	T	D,T, A	D,T,A	D,T,A	D,T,A	T	T	T

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HE5																
Research Methods in Psychology	PSC5001	C	D	D,T,A	T	D	D,T, A	D, T	D	T	D	D	D	T	D	T
Further Methods in Psychology	PSC5002	C	D	D,T,A	D	D	D,T, A	D, T	D	T	D	D	D	T	D	T
Personality & Developmental Psychology	PSC5003			D, A		D			D		D	D	D	T		T
Cognitive Psychology	PSC5004	C		D, T, A	D	D		D,T	D	D	D	D				D,T
Biopsychology	PSC5005	C		D			D				T			D, T	D	D, T
Social and Critical Psychology	PSC5006	C		D, A		D		T			D			D, T		D, T
HE6																
The Honours Project	PSC6001	C	D	D, A		D	D, A	D, A	D	D, A	D	D	D	D		D,T, A
Psychology Practicum	PSC6002	C	D	D, A	D	T		D, T	D, T	D	D, T, A	D	D, T	D	D	D, T
Conceptual and Historical Issues in Psychology	PSC6004	O		D, A		D		D, A	D		D,A		D, A	T	T	T
Psychology of Cyberspace	PSC6005	O	D	D, A	D	D		D	D	D	T, D	D	D	D, A	D	T, A

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Module	Code															
Abnormal Psychology	PSC6006	O	D	D, A		D			T, D	D	T, D	D	D	T, A	T, A	T, A
Children's Learning and Development	PSC6007			D, A		D		D	D			D	D	T		T
Psychology of Loss and Trauma	PSC6008	O		D, A	D		D		D	D		D,T,A	D,T	D	D	D,T,A
Psychometric Testing (Ability)	PSC6009	O	D	D, A	D	D,A	T,A		D		D	D	D	T		T,A
Assessing Personality	PSC6010	O	D	D, A	D	D,A	T,A		D		D	D	D	T		T,A
The Therapeutic Process	PSC6011	O	D, T, A	D, A	D	D, T, A		D, T, A	D		D, T, A		D			D

Complete the grid using the following (Developed = D, Taught = T, Assessed = A)

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Date: [February 2012]