

1. Qualification BA (Hons)	2. Programme Title Health and Physical Activity	3. UCAS Code	4. Programme Type Full and Part time
<p>5. Main Purposes and Distinctive Features of the Programme</p> <ul style="list-style-type: none"> •1 To enable the student to develop the knowledge and skills necessary to effective employment in the health and physical activity sector. •2 To develop the student's ability to undertake field research in health and physical activity. •3 To develop vocational and professional skills •4 To develop general transferable skills, including personal development planning, in preparation for employment •5 Special Features <p>The course has been developed to provide a progression route to an honours degree for students who complete successfully the Foundation Degree in Health and Physical Activity or a similar course with equivalent learning outcomes.</p>			
<p>6. What a graduate should know and be able to do on</p> <p><u>Knowledge and understanding in the context of the subject(s)</u></p> <ul style="list-style-type: none"> • Demonstrate a systematic understanding and knowledge of the principles which underpin physical activity and health as interrelated areas of study • Demonstrate a systematic and critical awareness of the principles of health and physical activity development. • Evaluate and critically appraise the theory and practice of health and physical activity development. • Demonstrate an understanding of the concepts and issues related to the health and physical activity employment sector. <p><u>Cognitive skills in the context of the subject(s)</u></p> <ul style="list-style-type: none"> • Demonstrate systematic critical reasoning and analysis. • Comprehensively evaluate and apply theoretical concepts • Synthesise data/information and interpret research findings • Apply problem-solving techniques 		<p>completion of the programme</p> <p><u>Subject-specific practical/professional skills</u></p> <ul style="list-style-type: none"> • Communicate effectively with a variety of audiences (peers/colleagues, professionals, community representatives / groups) • Demonstrate originality in tackling, and solving problems related to health and physical activity development • Demonstrate an ability to use theories relevant to health and physical activity in appropriate vocational settings with a range of client groups. • Evaluate and develop management / counselling skills <p><u>Other skills (e.g. key/transferable) developed in subject or other contexts</u></p> <ul style="list-style-type: none"> •1 Independently plan, conduct and report on a programme of action •2 Communicate effectively in formal and informal scenarios using a variety of means •3 Demonstrate initiative and personal responsibility. •4 Develop decision-making skills in complex and unpredictable situations. •5 Work independently or as part of a team •6 Demonstrate independent learning ability required for continuing professional 	

development.

7. Qualities, Skills & Capabilities Profile			
A Cognitive	B Practical	C Personal & Social	D Other
Critical reasoning	Investigative skills	Teamwork	Awareness of contemporary issues in health and physical activity development.
Analytical ability	Research skills	Independent investigation	Work based skills
Synthesis of knowledge	Information processing	Organisation and time management	
Problem solving techniques	Writing skills	Lifelong learning	
	Presentation skills	Self evaluation	
	Project management		

8. Subjects Studied, Levels, Credits & Qualifications

Duration and structure of programme / modes of study / credit volume of study units
 1 year full time, 1.5 -3 years part time, organised on a 2 semester per year basis, full time students would take three modules per semester, part time students would normally take two modules per semester.

	Core Modules		
HE6 Honours Modules	<ul style="list-style-type: none"> • Collaborative Working for Health improvement. • Sport, Leisure and Health Policy. • Strategy and Planning in Sport, Physical Activity and Health • Contemporary Social Issues in Sport, Leisure, Physical Activity and Health • Project in Sport , Leisure, Health and Physical Activity 		

9. Learning, Teaching & Assessment Strategy

Learning and Teaching Methods

Lectures; Tutor and Student led Seminars; Case Studies; Self directed study will be promoted through the use of projects based in the University and the community. Support will be provided through tutorials and directed reading.

Assessment Methods

Examinations, Essays, Reports, Presentations and Dissertation.

Assessment Classification System

Pass mark for individual assessments = 40%
 All assessments for a module must be completed to a minimum pass standard.
 Final degree classification based on the based on performance in HE5 and HE6

Honours Classification Bands

70% - above First Class
 60% - 69% Upper Second Class
 50% - 59% Lower Second Class

10. Other Information

Date Programme First Offered

September 2009

Admissions Criteria

Foundation Degree in Health and Physical Activity or equivalent.

Indicators of Quality and Standards

Programme developed in consultation with external advisory group. Proposal developed with reference to QAA Benchmark Standards.